

# INNSiDE

BY MELIÀ



INNSiDE by Melià  
Barcelona Apolo



# The best meeting point in Barcelona

Imagine staying in Barcelona's cultural epicentre, living art during the day and sleeping in total silence at night.

This is what awaits you in our hotel.

An excellent location, very near Les Rambles, the port and La Fira, which will make you feel in the centre of everything. Let us tell you all the secrets of Barcelona, the events you can't miss, the charming bars and restaurants we have nearby.



INNSiDE Barcelona Apolo becomes the best crossroads for travellers like you. An urban, multifunctional and dog-friendly hotel that will adapt to each one of your requirements.

Creative workspaces? A gym to get your heart beating? Or an indoor terrace with a delightful gastronomic area? Completely soundproof rooms equipped with Chromecast technology and numerous spaces where you can work in a different way.

**1270 m<sup>2</sup> for event rooms**

**314 rooms**

**13 meeting rooms**



## La Terraza

An oasis of tranquillity during the summer months in the frenetic Avinguda del Paral·lel. A terrace with tropical style décor where you can ensconce yourself while enjoying breakfast or a pleasant evening under the stars in Barcelona.



## BiteBox

A space with healthy seasonal dishes and a 'Grab & Go' service for people who need to eat on the go. An informally decorated modern bar with a relaxed atmosphere, where you can eat or even work.





## Relax. Unwind

Come to the place where everything happens. A room with a fantastic balcony with views of Barcelona where you can get swept away.

Start the day with a Nespresso, a delicious cup of tea or doing a few stretches on your yoga mat.

An absolute pleasure at any time of day. It includes a minibar, TV with Chromecast, bathrobe and slippers.





## InFit, Feel Good

Do you want to turn up your revs or get your adrenaline flowing to reduce stress after a busy day? We have just what you need! A spacious gym with modern and functional equipment that will enable you to do a workout as if you were at home.

## Meetings and Events

We just love holding events at INNSIDE Barcelona Apolo. Transforming them, making them big and causing a surprise. As a result, we know that we have the space you need. Classic or original rooms to hold the perfect event. Surrounded by a relaxed atmosphere where we help each attendee feel at home.

Why don't you give it a try?

Open Living Lounge, the hotel's activity hub that combines the possibility to work, share experiences with other guests, hire a bike to enjoy the city or buy a souvenir from our selection of handicrafts and local art.

### Creativity come to me!

If you need a place to put your brain to the test, analyse a situation from a different perspective or be as creative as possible... we have just what you need! You'll be able to turn furniture into games, write on the wall or send the content to an interactive whiteboard in real-time. Our Big Ideas Space, Recording Studio and The Kitchen (a co-working area) will fully inspire you to bring out the best version of yourself.





## Events from a different viewpoint

Organise your event with us, right in the centre of Barcelona, very near Les Rambles, the port and La Fira. 1,200 m<sup>2</sup> and capacity for up to 500 people in a modern, avant-garde hotel. Immerse yourself in our multifunctional and creative spaces like Big Ideas Space, Recording Studio and The Kitchen, our co-working area.

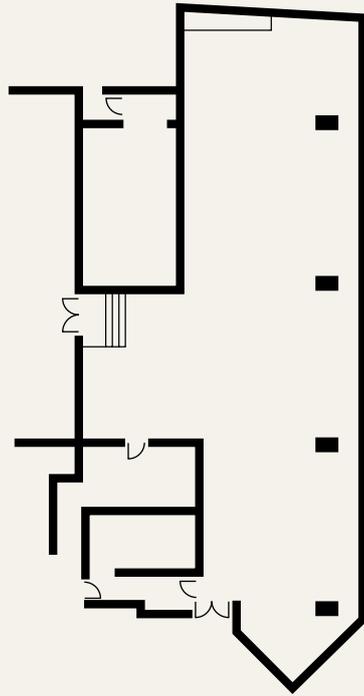
The best place for casual meetings!

## MICE events

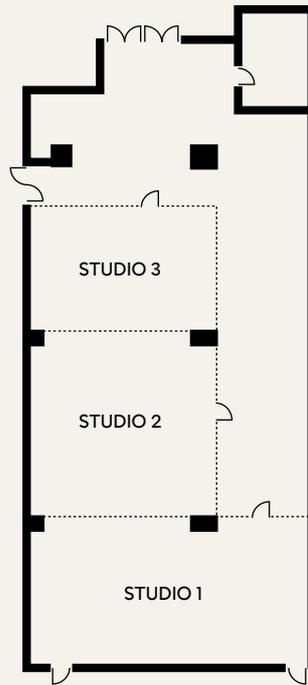
We also offer you other spaces of a classic style where you can organise anything, from business events to banquets for 450 people. You will have 1,200 m<sup>2</sup> to organise whatever event you need with us. Rooms full of light with audiovisual systems that will make you stand out from start to finish.



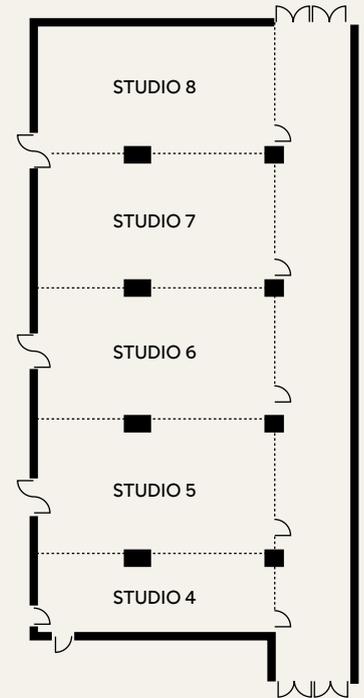
Montjuic



Colón



Paralelo



Meeting Room	m <sup>2</sup> /sq.ft.	CÓCTEL COCKTAIL	TEATRO THEATER	ESCUELA CLASSROOM	IMPERIAL BOARDROOM	EN "U" "U" SHAPE
PARALELO	630/6781	500	450	220	-	-
STUDIO 4	28/301	-	20	15	15	15
STUDIO 5	91/980	60	50	40	30	30
STUDIO 6	91/980	60	50	40	30	30
STUDIO 7	91/980	60	50	40	30	30
STUDIO 8	91/980	60	50	40	30	30
STUDIO 6+7+8	273/2939	200	140	120	-	-
STUDIO 6+7+8+LOBBY	378/4069	220	200	160	-	-
STUDIO 7+8	182/1959	130	80	80	45	45
STUDIO 7+8+LOBBY	252/2713	160	120	90	45	45
COLÓN	240/2583	150	120	75	40	40
STUDIO 1	45/484	-	30	25	21	21
STUDIO 2	36/388	-	35	25	21	21
STUDIO 3	30/323	-	18	15	15	15
THE CELLAR		80	-	-	-	-
MONTJUIC	285/3068	175	150	65	40	40
LA TERRAZA	120/1291	80	-	-	-	-
BIG IDEA SPACE		-	-	-	8	-
RECORDING STUDIO		-	-	-	5	-
STUDIO 9		-	-	-	6	-
STUDIO 10		-	-	-	6	-
THE BALCONY		120	-	-	-	-
THE KITCHEN		30	-	-	-	-
BOOTHS		-	-	-	4	-

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## Take note ;)

### Address

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Barcelona

### Contact information

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### DISTANCES

1 km from the city centre

2,5 km from the beach

13,4 km from the airport